

# A CLEAN SWEEP

MAKE YOUR OWN NON-TOXIC  
HOUSEHOLD CLEANERS



## MAKING & USING A CLEANER

- Try these recipes for non-toxic cleaning product alternatives!
- Important safety guidelines to follow when making household cleaners:
  - Be careful mixing chemicals. Chlorine bleach and ammonia produce a toxic gas when mixed.
  - Mix where there is plenty of fresh air.
  - Store all cleaning solutions out of sight and reach of children in a locked cabinet.
  - Label carefully, clearly, and permanently.
  - Use clean containers for storing homemade cleaning products. Never use bottles that once held chemicals.

## GENERAL PURPOSE CLEANERS

- Mix 1/2 cup of vinegar with 1 gallon of water. Pour into a spray bottle.
- Dissolve 4 tablespoons of baking soda in 1 quart of warm water. You can also put baking soda directly onto a damp sponge. Baking soda will clean and deodorize all kitchen and bathroom surfaces.

## FURNITURE POLISH

- In a spray bottle, mix 3 parts olive oil and 1 part white vinegar; apply with a clean, soft cloth.

## KITCHEN

- Baking soda makes a good scouring powder for counters, fine china, coffee pots, and toasters.
- Remove spots on glassware by mixing vinegar into the rinse water.
- For an oven cleaner, sprinkle baking soda on stains. Let sit for 5 minutes, then scrub with a damp cloth.

# A CLEAN SWEEP

MAKE YOUR OWN NON-TOXIC  
HOUSEHOLD CLEANERS



## AIR FRESHENER

- Simmer cinnamon sticks or sliced citrus in water. Do not leave unattended.
- Spray a mixture of 1 teaspoon baking soda and 1 teaspoon lemon juice dissolved in 2 cups of hot water.

## BATHROOM CLEANER

- Toilet bowl scrub:
  - Sprinkle baking soda into the toilet bowl, add vinegar, and scour with a toilet brush.
- Tub and tile cleaner:
  - Sprinkle baking soda as a scouring powder onto surfaces. Put full strength vinegar on a sponge then scrub surfaces to clean.
- Lime and mineral deposit remover:
  - Cover deposits with vinegar-soaked paper towels. Leave the paper towels on for about one hour before cleaning.

## DRAIN CLEANER

- For a weekly drain cleaner:
  - Mix 2 tablespoons of baking soda, 1/2 cup vinegar, and 1 quart of warm water. Pour down the drain. Let sit 30 minutes, then rinse with 3 quarts of hot water.

## GLASS & WINDOW CLEANER

- In a large container, mix 3 tablespoons cornstarch, 1 cup of white vinegar, and 1 gallon of warm water. Pour solution into a spray bottle. Spray the solution and wipe with newspaper to avoid streaking.